



Sutton East Extended Services (SEES) Newsletter

Issue 1
Autumn 2010

SEES CLUSTER SCHOOLS

- Deanery C of E**
- Holy Cross**
- Hollyfield**
- New Hall Primary**
- Minworth**
- Walmley Infants**
- Walmley Junior**
- Fairfax**
- John Willmott**



An introduction to SEES

SEES?! What is SEES?

You may have seen the word SEES many times on leaflets from schools, community centre's, shop windows and even in Doctor's surgeries.

SEES stands for Sutton East Extended Services.

Extended Services work in partnership to provide support in building positive outcomes for the children and families within the cluster.

Extended Services also gives children, young people and their families the chance to know about different activities that are

available at their school and other local schools in the area or cluster.

The activities available are not only fun, but can also help children achieve well in school by improving their skills. They can also help them personally by giving them the opportunity to try new things, meet new people and make new friends.

SEES also has a Family Support Team.

The SEES Child and Family Support Services team can provide support to any child, young person or family within the cluster reach area. The common aim is to offer

practical help and emotional support in a non judgmental way.

Types of support can vary depending on the needs of the child or family. Below are some examples of the types of issues that could be supported:

- Self esteem and confidence
- Families living with domestic abuse
- Behavioural issues
- Bereavement support
- Marital or relationship breakdown
- Financial difficulties
- Parenting support

Contact Us

You can reach us easily at:

New Hall Primary
& Children's Centre
Langley Hall Drive,
Sutton Coldfield
B75 7NQ

0121 464 5170 (option 2)

sabrina.nolan@sees.bham.org.uk

helen.biddle@sees.bham.org.uk

Arriving soon!

SEES website—details to follow

The SEES team needs YOU!

- Are you friendly?
- Are you good at speaking to people?
- Do you like to ask questions and gather information?
- Can you spare a few break times a month to do something a little different?

Sutton East Extended Services (SEES) is looking to recruit 2 SEES Reps from each of our cluster schools to do evaluations and promote activities during a few of your break times.

You will be the eyes and ears for SEES and will help us to promote the service and find out what lunchtime or afterschool activities children and young people need so that they can have fun, learn and do even better in school.

Email your interest to sabrina.nolan@sees.bham.org.uk saying in no more than 50 words why you would make a great SEES Rep.

A training pack will be provided for the successful applicant.



What have we done so far?

You might have attended events over the summer such as:

- Sports Academy with Fairfax School
- Hair and Beauty Academy
- Aspire Summer Olympics
- Family and Friends Pottery Painting Workshops
- Xpressive Arts
- BOEC Teen Survivors and Adventure Kids outdoor activities.

SEES also provide parents with the opportunities to have fun and learn too!

Parents this year have had fun learning new skills on our computer course.

We also run frequent parenting workshops. This year we have delivered a 6 week workshop by Aspire, a 7 week Family Life Workshop and are currently running a 13 week Strengthening Families,

Strengthening Communities course. All parenting workshops are free and have a free crèche.

To the right are some of the comments we have received about our activities from parents and young people.

I've learnt some fantastic things about play and discipline

I learnt that I'm not just a mum, I have a life as well

I learnt new skills such as listening to each other and communication—aged 14

I enjoyed the shelter building because it was fun—aged 10

Friends & Family Pottery Painting



Xpressive Arts



Aspire—Summer Olympics



Hair & Beauty Academy



YOUR CORNER

This is where you get to have your say—parents too!

In every newsletter we will add your comments, views and experiences of Extended Services.

This gives you the opportunity to share suggestions for improvements and ideas for future activities you would like to see in your area.

You can contact SEES by emailing: sabrina.nolan@sees.bham.org.uk or helen.biddle@sees.bham.org.uk

Upcoming events to look out for...

Cyber Safety for Parents
Information and guidance about how to keep your children safe on the internet by a *CEOP Ambassador

Drugs and Alcohol Road Show by Aquarius
A fun information evening for both parents and young people about alcohol and drug safety

Story Sack Workshops
Mums and Dads come and create fantastic story sacks to use with your children
Beginning Friday 14th January 2011
12.45pm—2.45pm at Deanery Children's Centre

Look out for our exciting February half term activities!

* CEOP—Child Exploitation & Online Protection



Bikeability—2 Day Training

October Half-Term Activities



Family & Friends Pottery Painting

Summer Activities 2010

Xpressive Arts



Parent Activities



Aspire—Summer Olympics



Story Sack Workshops

Striving for success in and around schools